

Plasticization and conglutination improve the tensile strength
of electrospun starch fiber mats

Hui Wang – Pennsylvania State University

Lingyan Kong – University of Alabama

Gregory R. Ziegler – Pennsylvania State
University

Deposited 04/29/2020

Citation of published version:

Wang, H., Kong, L., Ziegler, G. (2018): Plasticization and conglutination improve the tensile strength of electrospun starch fiber mats. *Food Hydrocolloids*, vol. 83.

DOI: <https://doi.org/10.1016/j.foodhyd.2018.05.040>



This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](https://creativecommons.org/licenses/by-nc-nd/4.0/).

Full text at <https://doi.org/10.1016/j.foodhyd.2018.05.040>

or send request to lingyan.kong@ua.edu

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24

Plasticization and conglutination improve the tensile strength of electrospun starch fiber mats

Hui Wang^a, Lingyan Kong^b, and Gregory R. Ziegler^{a,*}

^a Department of Food Science, Pennsylvania State University, University Park, Pennsylvania 16802, United States

^b Department of Human Nutrition and Hospitality Management, The University of Alabama, Tuscaloosa, Alabama 35487, United States

For submission to: *Food Hydrocolloids* as a short communication

* Corresponding author. Tel.: +1 814 863 2960; fax: +1 814 863 6132. E-mail address: grz1@psu.edu. Address: 341 Rodney A. Erickson Food Science Building University Park, PA 16802.

25 **Abstract**

26 Electrospun starch fiber mats have many potential applications, but an improvement in their
27 mechanical properties is required to realize them. In the present study, wet-electrospun starch
28 fiber mats were subjected to post-drying conditioning at controlled equilibrium relative humidity
29 and equilibration time. The weight-normalized ultimate tensile strength of starch fiber mats
30 increased significantly with equilibration at relative humidity >0.75 after 28 days. Morphological
31 observation and X-ray diffraction analysis excluded significant changes in fiber size or
32 crystallinity, and thus we concluded that conglutination brought about by the plasticizing effect
33 of water and observed microscopically was primarily responsible for this mechanical
34 improvement.

35

36 **Keywords:** starch fiber mat, water activity, relative humidity, tensile strength, conglutination

37

38 **1. Introduction**

39 Starch is among the most abundant and inexpensive biopolymers, making it a promising
40 substitute for synthetic petroleum-based polymers. We recently developed a method to fabricate
41 starch fiber mats by an electro-wet-spinning technique that produces fibers with diameters
42 ranging from hundreds of nanometers to tens of microns (Kong & Ziegler, 2014). These starch
43 fiber mats combine the inherent advantages of starch as a biopolymer, including its
44 biodegradability, biocompatibility, and non-toxicity, and the geometrical and functional
45 properties of micro- and nano-fibers, i.e., high surface area, high porosity, small pore size, and
46 anisotropic mechanical properties. However, to practically utilize starch fiber mats, their
47 mechanical properties need further improvement, a challenge that has been confronted by many
48 researchers developing biopolymer-based products. The lack of a plasticizer is at least partially
49 responsible for the brittleness and inferior tensile strength of dried starch fiber mats.

50 The mechanical properties of starch-based materials can be altered by plasticizers such as
51 water. As a plasticizer, the presence of water molecules increases polymer mobility and
52 depresses the glass transition temperature. The influence of plasticizing water on the properties
53 of starch has been studied in various starch-based materials, e.g., its effect on the mechanical
54 properties of starch gels and films (Mali, Grossmann, García, Martino, & Zaritzky, 2006; Saberi
55 et al., 2015). However, the plasticizing and conglutinating effect of water on the tensile
56 properties of starch fiber mats have not been reported. Conglutination is the term used to
57 describe the attachment of intersected fiber segments (Reneker & Yarin, 2008). The
58 conglutinated segments potentially contribute to the improvement in mechanical properties of
59 electrospun fiber mats.

60 In this study, we hypothesized that conglutination caused by exposure to water vapor will
61 increase the tensile strength of electrospun starch fiber mats. To test this hypothesis, dried starch
62 fiber mats were equilibrated at preselected levels of relative humidity (RH) for up to 28 days,
63 and their morphological, microstructural, and tensile properties were analyzed.

64 **2. Material and methods**

65 *2.1. Material*

66 Gelose 80 high amylose maize starch (HAMS) was supplied by Ingredion (Bridgewater, NJ).
67 Drierite desiccant (CaSO_4), dimethyl sulfide (DMSO) and 200-proof ethanol were purchased
68 from VWR International (Radnor, PA).

69 *2.2. Sample preparation and electrospinning*

70 HAMS (12%, w/v) dispersion in pure DMSO was prepared by heating with stirring in a
71 boiling water bath for 1 h. The electrospinning apparatus comprised a high voltage power supply
72 (ES40P, Gamma High Voltage Research, Inc., Ormond Beach, FL), a syringe pump (81620,
73 Hamilton Company, Reno, NV), a 3 mL plastic syringe (Becton, Dickinson and Company,
74 Franklin Lakes, NJ) with a 20-gauge blunt needle, and a grounded stainless steel mesh immersed
75 in ethanol (Kong & Ziegler, 2014). Operational parameters used were as follows: positive
76 voltage at 11 kV, needle to ground wire mesh in the coagulation bath distance of 7 cm, and flow
77 rate at 10.5 mL/h. The fibrous mats recovered from the coagulation bath were washed with pure
78 ethanol and dried in a desiccator containing Drierite under vacuum.

79 *2.3. Equilibration under specific RH*

80 Dried starch fiber mats were equilibrated in desiccators containing different supersaturated
81 salt solutions. The desiccators were placed in a temperature-controlled incubator. Table 1 lists
82 selected supersaturated salt solutions and corresponding RH in the desiccators at 25 °C. Starch

83 fiber mats were equilibrated for up to 28 days, and samples were removed from the desiccators
84 without additional drying at day 3, 7, 14, 21, and 28, respectively, for further analyses. Dried as-
85 spun starch fiber mats without any equilibration treatment served as the control.

86 Table 1. RH of supersaturated salt solutions at 25 ± 1 °C.

Supersaturated Salt Solution	RH
Drierite desiccant (CaSO ₄)	10%
CaCl ₂	34%
NaCl	75%
KCl	84%

87 2.4. Tensile test

88 Fiber mat samples (5.3 mm wide and approximately 25 mm long) were cut using a film
89 cutter (PN 984485.901, TA Instrument, New Castle, DE). The weight of each fiber mat was
90 recorded using a Mettler-Toledo XP2U ultra-microbalance (Mettler-Toledo International Inc.,
91 Columbus, OH). Uniaxial tension tests were carried out using a Q800 dynamic mechanical
92 analyzer (DMA, TA Instrument, New Castle, DE), with a film tension clamp set at room
93 temperature (20 °C). The control force mode was applied at a force rate of 0.05 N/min. Data
94 were recorded until the sample yielded. The stress at yield was normalized using the following
95 equation (Eq. 1) to account for variation in thickness and fiber density, and weight normalized
96 ultimate tensile strength (WNUTS) was obtained after each measurement. At least 3 replicates of
97 each sample were tested.

$$98 \text{ Weight Normalized Ultimate Tensile Strength (WNUTS)} = \frac{\text{Force at yield point}}{\text{Weight}} \quad (\text{Eq. 1})$$

99 2.5. Scanning electron microscopy (SEM)

100 Microscopic observation of the fibers was performed using a Phenom G2 Pro scanning
101 electron microscope (SEM, Phenom-World, Eindhoven, The Netherlands) at an accelerating

102 voltage of 5 keV. Open software, ImageJ were used to analysis the SEM images (Hotaling,
103 Bharti, Kriel, & Simon, 2015).

104 *2.6. Wide angle X-ray diffraction (XRD)*

105 XRD patterns of the starch fiber mats were obtained using a Rigaku MiniFlex II desktop X-
106 ray diffractometer (Rigaku Americas Corporation, The Woodlands, TX). Samples were exposed
107 to Cu K α radiation (0.154 nm) and continuously scanned between $2\theta = 4$ and 35° at a scanning
108 rate of $2^\circ/\text{min}$ with a step size of 0.02° . A current of 15 mA and voltage of 30 kV were used.

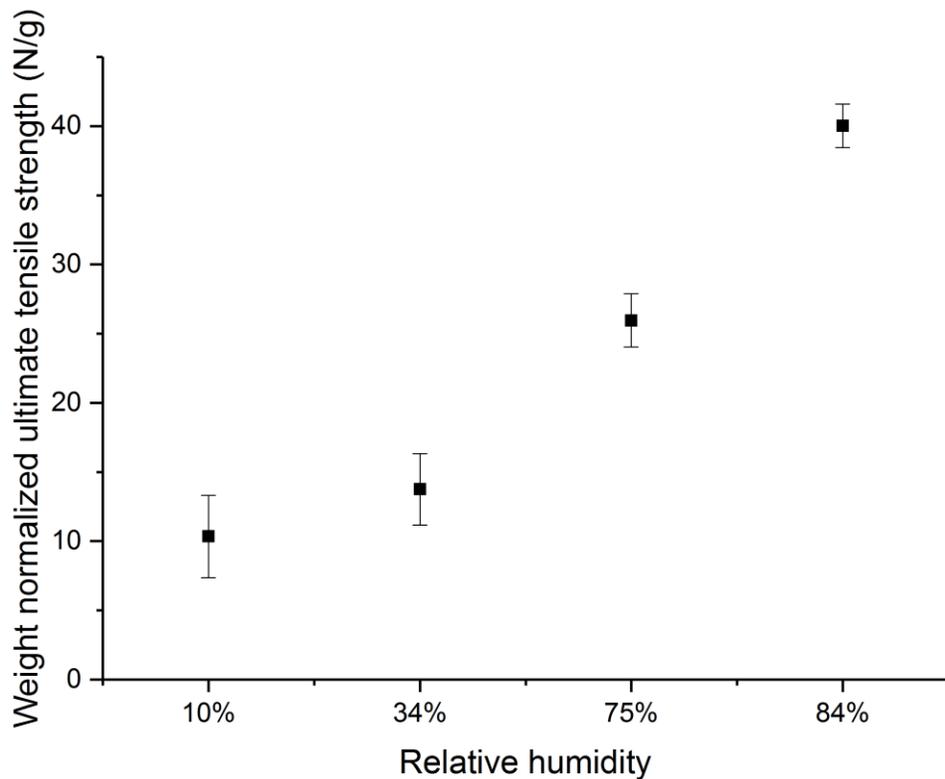
109 *2.7. Statistical analysis*

110 A randomized 4×4 full factorial design was applied in analyzing the effect of equilibrium
111 condition and time on tensile strength. WNUTS was the response variable. Two-way ANOVA
112 was used to analyze the main effects and interactions (Minitab 18.1, Minitab, Inc., PA). The
113 missing data were treated as likewise deletion by software default. One-way ANOVA and
114 Tukey's test were used to compare the effect of re-drying after equilibration.

115 **3. Results and discussion**

116 The weight-normalized ultimate tensile strength (WNUTS) of dried starch fiber mats
117 without the equilibration treatment, i.e., the control, was measured to be 30 ± 3.4 N/g. Upon
118 equilibration treatments, both the equilibrium RH ($P < 0.0001$) and the equilibration time
119 ($P = 0.0165$) exerted significant influence on the WNUTS of starch fiber mats. However, we
120 found that WNUTS values fluctuated without a clear trend with equilibration time within the first
121 14 days of treatment. It was probable that the contact and adsorption of water vapor on the fiber
122 mats were not uniform at this initial stage. Therefore, only the main effect of RH on the WNUTS
123 of starch fiber mats is displayed in Figure 1. Equilibration at low RH (10% and 30%) made the
124 fiber mats more brittle, and the tensile strength of samples stored at RH=10% after 21 days could

125 not be obtained due to their fragility. So, the WNUTS of the fiber sample stored at RH=10% at
126 day 28 was treated as missing data in further analysis. Large variations in WNUTS were
127 observed for samples recovered from low RH environments. Similarly, due to the lack of true
128 equilibrium, water absorption isotherm models failed to predict the water absorption accurately
129 at low water activity (Li, Tang, & Chinachoti, 1996). After conditioning at higher RH, the
130 WNUTS of starch fiber mats was either maintained (RH=75%) or steadily increased (RH=84%)
131 over time.



132
133 Figure 1. Main effect of RH on weight normalized ultimate tensile strength of starch fiber mats.

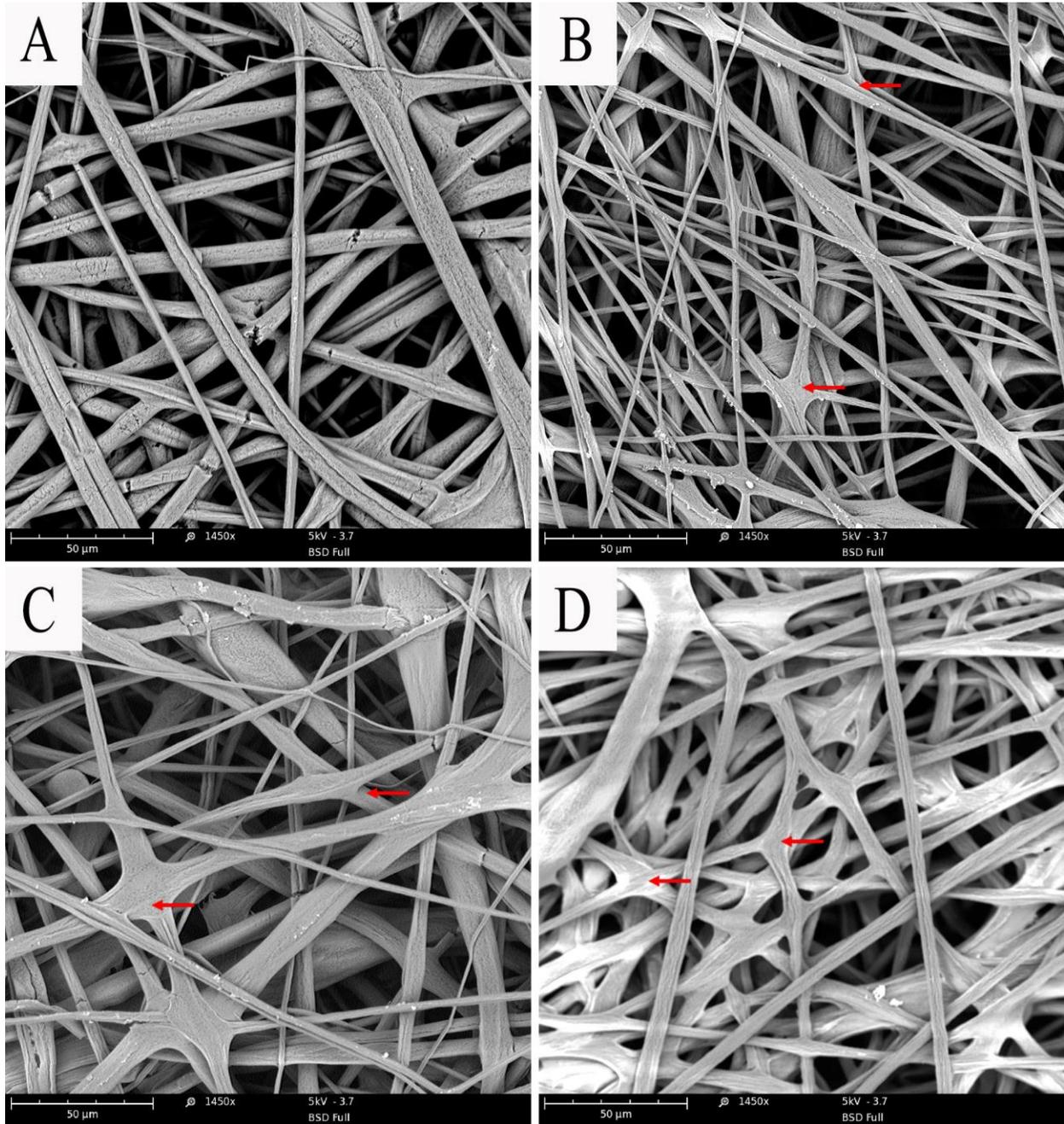
134 Figure 2 clearly shows the conglutination of starch fiber mats caused by the plasticizing
135 water at high RH. The merging of superimposed or intersected fibers resulted in a web-like 3-D
136 structure in starch fiber mats. Contact points among starch fibers would be an ideal spot for
137 condensation to take place due to the effect of capillary condensation (Fisher, Gamble, &

138 Middlehurst, 1981), and the locally elevated water content at fiber intersections accelerated their
139 conglutination. The conglutination effect at RH=84% was most noticeable. After conditioning
140 for about 3 days, the WNUTS was significantly higher than control. Further conditioning time at
141 RH=84% did not significantly contribute to conglutination of the fibers and thus no significant
142 changes in WNUTS were observed thereafter. By conditioning at RH=75%, the WNUTS was
143 comparable to that of the control. Compared with the equilibration time required for raw starch
144 granules (2 to 3 weeks) to reach a constant weight under specified RH (Al-Muhtaseb, McMinn,
145 & Magee, 2004), the relatively faster equilibration time for these starch fiber mats was likely due
146 to their smaller size and higher surface area than native starch granules.

147 In order to confirm the contribution of both plasticization and conglutination on tensile
148 property improvement, WNUTS of dried starch fiber mats without conditioning (the control),
149 with conditioning at RH=84% for 3 days, and re-dried after conditioning at RH=84% for 3 days
150 (Figure 2) were measured. One-way ANOVA shows significant difference in WNUTS among
151 these samples ($P=0.029$). Though the WNUTS decreased on re-drying, the merged
152 conglutination zones were still present. The WNUTS of the re-dried sample fell between that of
153 the control sample and the sample prior to re-drying (Table 2), which suggested that both
154 plasticization and conglutination strengthened the starch fiber mats.

155 Our results are in agreement with the mechanism of water sorption observed for starch-
156 based materials. At water activity (a_w) below 0.2, starch gel is only surrounded with a monolayer
157 of strongly “bound” water molecules. As a_w increases, multiple layers of “intermediate” water
158 can be adsorbed via hydrogen bonds, until the a_w reaches 0.85, after which water molecules
159 adsorbed are considered as “free” water (Li et al., 1996). As moisture content increases, water
160 acts as a plasticizer in the matrix. Studies on starch granules also found that the amorphous

161 regions of starch started to plasticize when a_w fell between 0.3 and 0.85 (Al-Muhtaseb et al.,
162 2004; Van den Berg, C., & Bruin, 1981). Therefore, starch fiber mats conditioned at higher RH
163 likely attained the mobility necessary for conglutination to occur resulting in higher WNUTS.



164
165 Figure 2. Scanning electron micrographs of starch fiber mats without conditioning (A), with
166 conditioning at RH=84% for 3 days (B), re-dried after conditioning at RH=84% for 3 days (C),

167 and with conditioning at RH=84% for 28 days (D). Red arrows indicate observable
168 conglutination zones.

169 Table 2. Fiber diameter distribution and analysis of WNUTS of starch fiber mats affected by
170 different treatments based on the Tukey's test and 95% confidence.

Treatment of fiber mats	Mean*	Diameter mean and SD
Conditioning at RH=84% for 3 days	62.66 A	1.83 ± 0.91
Re-drying after conditioning at RH=84% for 3 days	39.18 AB	1.26 ± 0.81
Without conditioning (the control)	21.09 B	1.83 ± 0.91

171 *Means that do not share the same letter are significantly different.

172 Unlike the starch granules in sorption isotherm studies (Buléon, Bizot, Delage, & Multno,
173 1982), starch fiber mats remained amorphous on equilibration at high levels of RH (XRD data
174 not shown). Therefore, the increase in tensile strength was not due to an increase in crystallinity.
175 The intra- and inter-hydrogen bonding in starch fiber mats at high RH, resulting in
176 conglutination, is more likely to have strengthened the starch fiber mats.

177 4. Conclusions

178 Dried electrospun starch fiber mats were subject to equilibration at various RH over 4 weeks.
179 Both equilibration time and relative humidity significantly affected the WNUTS of the starch
180 fiber mats. Conglutination at high levels of RH was evidenced on scanning electron micrographs
181 and coincided with a significant increase in WNUTS of the starch fiber mats. Since the diameter
182 and crystallinity of starch fiber mats were not altered significantly, we concluded that
183 plasticization and conglutination were the likely cause for improvement in WNUTS. Our results
184 also suggest the potential of using other plasticizers to enhance the mechanical properties of
185 starch fiber mats.

186 **Acknowledgements**

187 This project is funded by the USDA National Institute for Food and Agriculture, Agriculture
188 and Food Research Initiative Program, Competitive Grants Program award from the
189 Nanotechnology for Agricultural and Food Systems (A1511) program FY 2014 as grant # 2015-
190 67021-22994.

191

192

193 **References**

- 194 Al-Muhtaseb, A. H., McMin, W. A. M., & Magee, T. R. A. (2004). Water sorption isotherms of
195 starch powders: Part 1: Mathematical description of experimental data. *Journal of Food*
196 *Engineering*, 61(3), 297–307.
- 197 Buléon, A., Bizot, H., Delage, M. M., & Multno, J. L. (1982). Evolution of Crystallinity and
198 Specific Gravity of Potato Starch versus Water Ad- and Desorption. *Starch - Stärke*, 34(11),
199 361–366.
- 200 Fisher, L. R., Gamble, R. A., & Middlehurst, J. (1981). The Kelvin equation and the capillary
201 condensation of water. *Nature*, 290(5807), 575–576.
- 202 Hotaling, N. A., Bharti, K., Kriel, H., & Simon, C. G. (2015). DiameterJ: A validated open
203 source nanofiber diameter measurement tool. *Biomaterials*, 61, 327–338.
- 204 Kong, L., & Ziegler, G. R. (2014). Fabrication of pure starch fibers by electrospinning. *Food*
205 *Hydrocolloids*, 36, 20–25.
- 206 Li, S., Tang, J., & Chinachoti, P. (1996). Thermodynamics of starch-water systems: An analysis
207 from solution-gel model on water sorption isotherms. *Journal of Polymer Science Part B:*
208 *Polymer Physics*, 34(15), 2579–2589.
- 209 Mali, S., Grossmann, M. V. E., García, M. A., Martino, M. N., & Zaritzky, N. E. (2006). Effects
210 of controlled storage on thermal, mechanical and barrier properties of plasticized films from
211 different starch sources. *Journal of Food Engineering*, 75(4), 453–460.
- 212 Reneker, D. H., & Yarin, A. L. (2008). Electrospinning jets and polymer nanofibers. *Polymer*,
213 49(10), 2387–2425.
- 214 Saberi, B., Vuong, Q., Chockchaisawasdee, S., Golding, J., Scarlett, C., & Stathopoulos, C.
215 (2015). Water Sorption Isotherm of Pea Starch Edible Films and Prediction Models. *Foods*,

216 5(1), 1.

217 Van den Berg, C., & Bruin, S. (1981). Water activity and its estimation in food systems. In L. B.

218 Rockland & G. F. Stewart (Eds.), *Water activity: influences on food quality* (pp. 147–177).

219 New York: Academic Press.

220